



# History and evolution

### The past

For more than a century, **St-Martin Neuro-Psychiatric Centre** (CNP) has been taking care of patients suffering from **psychiatric disorders**.

Despite of the mental health care and psychotherapies progress over time, the image of psychiatry remains frozen in the past for a long time.

# The present time

Today, **CNP St-Martin** totally fits in with **modern psychiatry** and takes up the challenge of setting up a consistent **Mental Health Care system** in a close **network** with the various healthcare workers.

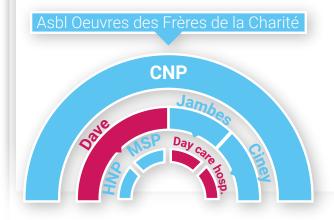
In this context, **St-Martin Neuro-Psychiatric Hospital** (HNP) reinforces its **collaborations** with the psychiatric departments of general hospitals around Namur, the first-line caregivers and various shelter and support structures (drug addiction, intellectual deficiency, etc).

HNP also actively takes part to the continuity of care through assisted housing programmes (IHP), psychiatric care houses (especially St-Martin MSP), Mental Health workers, care homes, etc. As partners, patients and their families are at the heart of any care.

# The future

Through this network dynamics, **CNP** is involved in various **innovative projects** and confirms its commitment to **the future of psychiatry** : **providing specialised care that suits best to the patient needs**.

# Structure of CNP St-Martin



St-Martin Neuro-Psychiatric Centre comes under the non-profit association Oeuvres des Frères de la Charité.

CNP St-Martin is made up of

- the Neuropsychiatric Hospital (HNP) made up of 9 psychiatric care units
- 3 psychiatric care houses (MSP)
- 2 day care hospitals : «Mosaïques» and «Le Kiosque»

### CNP St-Martin in figures



2021 admissions 1192 men 829 women

285 authorised hospital beds

90 MSP permanent beds

2026 discharges 1216 men 810 women

Annual patient flow : 1056 594 men 462 women

over 1100 meals/ day

over 26.000 m<sup>2</sup> occupied

Data 2023 - MSP St-Martin not included

# CNP St-Martin is actively involved in numerous Mental Health-related projects, locally, nationally and internationally. Some of them are also assigned to scientific research.

CNP St-Martin leads and takes part to European Mental Health projects aimed at improving care and continuing education for caregivers.



# Co-funded by the European Union

For further information about CNP St-Martin and about our current projects, scan this QR code or visit www.cp-st-martin.be



### **HNP: 9 MIXED PSYCHIATRIC UNITS**

**GALILÉO** : unit specialised in neurobehavioural and neurocognitive disorders.

• KALAMOS : unit specialised in mood and anxiety disorders, eating problems for young adults (18 - 25 years old).

• L'ATHANOR : unit specialised in social phobia, school phobia, high potential, computer addiction, (cyber-)bullying, eating disorders, depression, anxiety for teenagers (15 - 18 years old).

• L'OASIS : unit specialised in forensic psychiatry and care for patients hospitalised in the framework of the protection law for mentally ill persons.

**GOMYÉ** : unit specialised in care for patients with mental retardation and mental health problems (double diagnosis).

**REVIVO** : unit specialised in addictions treatment and general psychiatry.

**EDRANO**: specialised unit for patients aged 60 and over with psychiatric disorders, whether or not associated with mild to moderate cognitive disorders.

• **PHILEAS** : unit specialised in forensic psychiatry, in relation to TSI St-Martin.

HIC: High & Intensive Care unit dedicated to voluntary hospitalisation programmes, coordinated with the network, for adults with acute mental health problems.

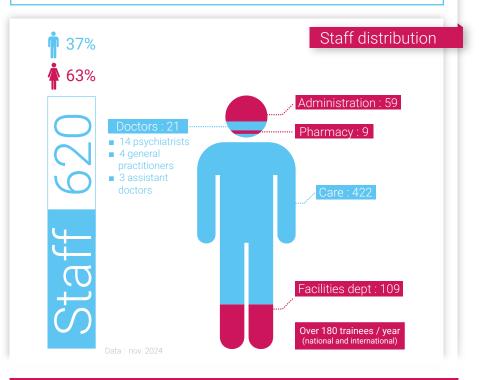




### **MSP: 3 MIXED PSYCHIATRIC CARE HOUSES**

### SÉNEVÉ MÉRIBA LES ENTOURS

The psychiatric care houses are living or transition places for people suffering from a stabilized psychiatric problem and/or suffering from slight to moderate intellectual deficiency. The MSP receive persons who are not able to live independently but who possibly have the potential to do so. Each of the 3 MSP Saint-Martin has its own specific features.



#### **BOARD OF DIRECTORS**

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Projects